

#goldblooded



Pittsburgh



Our Mission...

Our mission at ICE is to enrich the lives of the children and their families through the sport of competitive cheerleading. Our goal is to teach our athletes the value of commitment, hard work, integrity, leadership, self-confidence, positive attitude and a love for the sport. We strive to be the very best allstar program in the country. Each and every family is important to us. We invite you to come and see what it is like to be part of the best program in the Midwest!

We believe that every Cheerleader can be Successful, not just a few. We offer the highest quality and employ the most experienced cheerleading professionals in the Midwest. Quality you will find NOWHERE ELSE!!

At ICE, we firmly believe in the phrase: "I Can Excel!"

Please contact one of our convenient locations (below) for more information or to schedule a tryout.

ICE NAPERVILLE	ICE BARRINGTON	ICE INDY	ICE MICHIGAN	ICE PITTSBURGH
1152 Frontenac Rd. Naperville, IL 60563 (630) 692-1423 Robin@ice-gym.com	28039 W Northpointe Pkwy. Unit 5 Lake Barrington, IL 60010 (847) 387-4332 barrington@ice-gym.com	17435 Tiller Court Suite B Westfield, IN 46074 (317) 867-3939 indy@ice-gym.com	48393 West Road Unit 8 Wixom, MI 48393 (248) 912-1040 info@icemichigan.com	72 Wilson Rd. Eighty Four, PA 15330 (724) 916-4111 ice.pittsburgh@gmail.com
Parent Meeting May 8, 2019 @ 6:30 pm May 9, 2019 @ 6:30 pm	Parent Meeting May 8, 2019 @ 6:30 pm May 9, 2019 @ 6:30 pm	Parent Meeting May 8, 2019 @ 6:30 pm May 9, 2019 @ 6:30 pm	Parent Meeting May 8, 2019 @ 6:30 pm May 9, 2019 @ 6:30 pm	Parent Meeting May 8, 2019 @ 6:30 pm May 9, 2019 @ 6:30 pm
Tryout Dates May 20th - 24th Ages 11 & Under May 20th & 21st 5-7 pm Ages 12 - 14 May 20th & 21st 7-9 pm Ages 15 & Over May 22nd & 23rd 7-9 pm	Tryout Dates May 20th - 24th Ages 11 & Under May 20th & 21st 5-7 pm Ages 12 - 14 May 20th & 21st 7-9 pm Ages 15 & Over May 22nd & 23rd 7-9 pm	Tryout Dates May 20th - 24th Ages 11 & Under May 20th & 21st 5-7 pm Ages 12 - 14 May 20th & 21st 7-9 pm Ages 15 & Over May 22nd & 23rd 7-9 pm	Tryout Dates May 20th - 24th Ages 11 & Under May 20th & 21st 5-7 pm Ages 12 - 14 May 20th & 21st 7-9 pm Ages 15 & Over May 22nd & 23rd 7-9 pm	Tryout Dates May 20th - 22nd May 20th 6-7 pm - Ages 11 & Under 7-8 pm - Ages 12-14 8-9 pm - Ages 15+ May 21st 6-7 pm - Levels 1-2 7-8 pm - Levels 3-4 8-9 pm - Levels 5-6
Flyer Tryout May 22nd & 23rd 5-7 pm	Flyer Tryout May 22nd & 23rd 5-7 pm	Flyer Tryout May 22nd & 23rd 5-7 pm	Flyer Tryout May 22nd & 23rd 5-7 pm	Flyer Tryout May 22nd 5:30-6:30 pm
Level 5 Call Back May 24th 6-8 pm	Level 5 Call Back May 24th 6-8 pm	Level 5 Call Back May 24th 6-8 pm	Level 5 Call Back May 24th 6-8 pm	Open Tumbling Evaluations May 22nd 6:30-8:00 pm

Golden Gala: May 26th at 4:00 pm



Try Outs...

TRY OUT FEES

Pre-registered Athlete with Completed try out packet turned in by May 17th: \$50

Athletes paying day of try outs: \$75

Private Try out: \$50

Video Try out: \$50



TRY OUT CHECK LIST

We look forward to working with you at an upcoming try out. Be sure to arrive with these items already completed or turned in by May 17th to receive a discounted try out fee:

- Try Out Form
- Member Form and Waiver
- Financial Agreement
- Payment Authorization Form
- Try Out Fee (if not preregistered online)
- Picture from 2017-2018 Season (preferably a head shot) (does not need to be professional- for office use only)
- **All outstanding debts must be paid in full prior to trying out in our gym.**

IMPORTANT: Please be sure to double-check all of your information. Contact information needs to be legible and written in blue or black ink. All paperwork and monies are due the first day of tryouts.



LEVELS

There are 6 levels (for regular teams) this season. The “level” refers to the type of stunts, pyramids, and tumbling that the team can safely perform. They are numbered from 1 to 6, in increasing difficulty. The level is determined solely by the coaching staff. Level appropriate skill lists are posted in the gym and can be provided if interested in understanding what skills are needed for each level.



PLACEMENT/EVALUATIONS

Never cheered before? No worries, we love to train from a clean background. It's best to learn the ICE way from the ground up. When you cheer with us, you hire our award-winning coaching staff to teach you all that you need to know to be a successful and competitive all star cheerleader.

Our team placement sessions are basically low-stress workouts. During the workouts, we allow our athletes to show skills they have already developed and look for their potential to learn new skills. Athletes are generally given multiple opportunities to show skills over multiple days. Try outs will be closed to parents as we find athletes are less stressed than when having a parent watch.

After the final session of placements, the staff will assemble rosters for the upcoming season. We work to select teams that each have the best possible chance of a successful competition season. There may be athletes on any given team that are at a different level than the rest of their teammates. We try to match up athletes by level as best we can, but please remember that stunting, pyramids, jumps, dance, motions, and age are huge factors as well. Some will be stronger tumblers than others. Some will contribute more with stunts than others. We choose our teams based on the positions that we need to fill for each team (bases, flyers, tumblers, ect.) Every athlete is on the team for a reason— please trust the staff.



GOLDEN GALA TEAM PLACEMENT MEETING SUNDAY, MAY 26 at 4:00pm

Teams will be revealed at the gym on Sunday, May 26th, during our Golden Gala. Athletes will be handed envelopes containing an invitation to the team/teams they have been selected to join. There will be a brief meeting with staff prior to naming teams and invitations will be opened together as a program. After teams are announced, any athlete or parent with questions on placements are invited to address any concerns that evening. If you or your athlete cannot attend that meeting, please be advised that envelopes can be picked up the following days at the gym when your schedule allows. We will not hand those invitations out to anyone other than a parent or athlete.

Practices will begin on May 27th thru May 30th (depending on which weekday your team meets.) That first meeting is a great time to ask questions and just get to meet your child/children's coach.



Please note, try out placements are not finalized until August. Athletes who do not keep skills performed at try outs may be moved to a different team in August. Those who show marked improvement may be moved up a level. We do our best to place our athletes on correct teams at try outs but, skills must be maintained in order to stay on teams

If you are having difficulty making it to a try out, you may also arrange to have a private evaluation. These are typically either one-on-one or in a small group session with a staff member. Please try to attend your regularly scheduled tryout as the staff is limited on what they can evaluate when a single athlete comes in to try out.

Coaching Staff evaluates based on the following criteria during evaluations:

- ⚡ Tumbling Difficulty
- ⚡ Tumbling Execution
- ⚡ Athleticism
- ⚡ Willingness to accept instruction
- ⚡ Stunting Position (flyer, base, backspot)
- ⚡ Jump Technique
- ⚡ Overall attitude and attendance from the past season, if applicable

FLYER TRYOUT

All athletes are welcome to attend so that staff has the opportunity to evaluate flyers in a more one on one setting. During this specific try out, we will only be evaluating flexibility, and flyer technique and will not be checking other skills needed to make a determination of where the athlete should be placed. Attending this additional try out does not guarantee someone will be a flyer for the season. This additional try out simply gives staff accurate time to evaluate athletes who would like to be considered as flyers for the upcoming 2019–2020 Season. It also allows us to spend additional time with flyers to accurately give them time to show flying skills they may not have had time to show during our normal try out process.



COST/TUITION

Before you consider this, or any program, please consider the financial commitment involved. We are as open and up-front with our costs as possible. We have comprehensive monthly pricing that covers most of the expenses throughout the year. There are 11 monthly charges from June 2019– April 2020. **(Tuition June– April will be due on the 1st of each month).** This price covers tuition, competition fees, choreography/music and does not fluctuate from month-to-month. Rather than raising and lowering tuition based on the number of practices or events (or other factors), this cost averaging system makes financial planning much easier for our customers. **Athletes who join a team after the initial practices will have to pay a significant portion of their missed tuition in order to “catch up” on some of the items that are spread out over the entire season.** Cost may vary depending on Team and commitment level. Some teams will stay locally, while others will compete farther away.



Teams We

Offer...

Tiny Team:

Practice 1 day per week for 1.5 hours each practice.
Perform at 3–4 local competitions.
\$115/monthly
Uniform Cost: \$250



Prep Team:

Practices 1–2 times per week for 2 hours each practice.
No weekend practice times.
Performs at 3–4 local competitions.
\$145/monthly
Uniform Cost: \$250



Full Season Travel Team:

Summer: Two – 2 hour practices per week.
Fall/Winter/Spring: Two 2– 3 hour practices per week.
(one will be a weekend practice)
\$295/monthly
*Males Tuition Rate is \$185.00/monthly.
Uniform Cost: \$350/ \$375/ \$300 (Male)



Worlds Team:

Summer: Two – 2– 3 hour practices per week.
Fall/Winter/Spring: Two – 2–3 hour practices per week.
(one will be a weekend practice)
*Worlds Team Athletes: \$310/month tuition.
*Males Tuition Rate is \$185.00/monthly.
Uniform Cost: \$350/ \$300 (Male)



Payment Schedule

Due Date	Monthly Tuition Fee	Additional Mandatory Fees
June 1st	\$295/\$310	Camp ICE Fee Due/Uniform Due
July 1st	\$295/\$310	Apparel Package Due
August 1st	\$295/\$310	
September 1st	\$295/\$310	\$30 USASF Fee
October 1st	\$295/\$310	
November 1st	\$295/\$310	
December 1st	\$295/\$310	
January 1st	\$295/\$310	
February 1st	\$295/\$310	
March 1st	\$295/\$310	
April 1st	\$295/\$310	Summit/World's Fees Due

*Worlds Team Athletes: \$310/month tuition
 *Male tuition rate is \$185/monthly

Approximate Crossover Fees: \$600 (\$100/month from August – January.)

DISCOUNTS

10% DISCOUNT PAY IN FULL. (MUST BE CASH OR CHECK PAYMENT BY JUNE 15TH –APPLIES TO TUITION ONLY)
 SIBLING: 20% OFF SECOND TUITION (DISCOUNT APPLIED TO LOWER TUITION RATE) DOES NOT APPLY TO APPAREL.

Apparel Package MANDATORY

Female: \$175
 Includes:
 | Practice Wear Set
 | Practice Wear Bow
 | Practice Wear Tank
 | ICE Sports Bra
 | Competition Bow

Apparel Package MANDATORY

Male: \$75
 Includes:
 2 Practice Wear Tanks

Full Season Uniform Pricing

Senior: \$350.00
 Junior/Youth: \$375.00
 Male: \$300
 Prep: \$250
 Camp ICE: \$150.00

Optional Costs

Shoes: \$85.00
 Bag: \$100.00
 (If Available)

Summit/Worlds Fees vary depending on the type of bid received. Tuition does not include these fees.
 Depending on the time of year in which the bid is received will determine the date in which these fees are due.

Stay to Play Hotels: If an event is noted as a stay to play event, you must stay in the hotel provided per competition company. Reservation numbers will be REQUIRED and turned in to the gym which will then be forwarded on to competition company.

HOLIDAYS & BREAKS

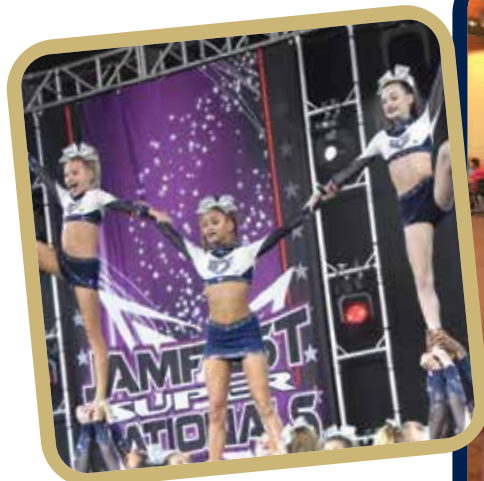
ICE is an eleven month program. We will begin meeting and practicing in June and continue through the end of April. Athletes are expected to attend all competitions as a team. We realize many children and young adults are involved in a variety of activities; however, we cannot make exceptions for schedule conflicts. We expect top priority and 100% commitment and attendance. Please keep in mind there are only 6 excused absences allowed per season for full season teams and 10 excused absences for prep teams. Excused and Unexcused absences are defined under the team and athlete policies section. Please refer to those when joining our program.

The following dates are available for holidays and vacations throughout the 2019–2020 Season:


- ✿ Memorial Day: May 27th
- ✿ 4th of July: July 1st–7th
- ✿ Vacation Week: July 29th – August 4th
- ✿ Labor Day: August 31st– September 2nd
(New Practice Schedule starts Week of September 3rd)
- ✿ Thanksgiving: November 27th–30th
- ✿ Christmas, Hanukah: December 23rd–December 28th
- ✿ New Year: December 31st & January 1st
(Practices/classes resume January 2nd)

Other Important Dates: (Mandatory)

- ✿ Camp ICE: July 1st, 2nd, and 3rd until 1:00 pm.
(Mandatory for Full Season Teams/Optional for Limited Travel)
- ✿ Choreography Camp Dates:
July 10–14 (tentative dates)
- ✿ Varsity Fitting Dates—
Pittsburgh: June 17th
Michigan: June 18th
Indy: June 19th– 20th
Barrington: June 24th– 25th
Naperville: June 26th– 27th



Parent-Athlete Program Policies




★ Do not make assumptions, Always ask.

★ All cell phones & pagers must be turned off once practice starts.

All clothing & belongings must be stored in the cubbies, not thrown on the floor.


Don't bring items of value to the gym. (iPod, Jewelry, iPhones, ect.) ICE is not responsible for lost or stolen items.

No one is allowed to yell onto the floor or make contact through the viewing room window.



Attitude is everything. If an athlete has a foul attitude, we will place him/her to a non-competitive program, such as a class, until improvements are made. Until then, a replacement will be put in position.

Do not call or text the staff unless it is an emergency. The staff needs to have their personal time away from work. Thank you in advance for respecting this rule.



After your child is released from practice, they are no longer under the supervision of ICE. Please be prompt when picking your children up from practice as we can't have other practices being distracted by unattended children.

You cannot create or sell your own ICE apparel. Our name and LOGO are copyrighted. All ideas for apparel must be emailed and approved by Management. This includes using team names on designs.

Punctuality is a MUST. Arrive 10 minutes early to all practices, competitions, and functions. If you are late or dressed incorrectly, you will condition or jump after practice.


The only people allowed in the gym are staff members & athletes that are on the Team Rosters. Parents, friends, relatives & siblings must remain in the viewing room. Siblings of athletes can't come inside the gym and watch practice unattended. An adult in the viewing room must supervise them. We can't babysit.

Do not gossip about other teams, parents, other gyms or kids. Again, if you have any questions, ASK, rather than listen to non-sense or engage in irresponsible conduct.

Always be an example of good sportsmanship, positive conduct, & professionalism at all competitions & practices. No profanity or rude language.

It is the parent's responsibility to stay informed. Check your email and website regularly. If you aren't receiving emails, contact the Gym Director ASAP.

Feel free to talk to your coach about anything. We want to make sure the line of communication is open. However, there is an appropriate time. Please contact the coach to make an appointment.




Absences must be cleared & approved by the Head Coach.

Anyone threatening to quit will be asked to leave immediately. No refunds will be given.

Coaches & Directors reserve the right to close practices at any time.

Don't post negative comments, routines or music on message boards, YouTube, or any website.

Withholding your child from practice can't be used as a form of discipline. This is unfair to the rest of the team.



Your opinion regarding practice & routine construction does not count. The staff makes all of the decisions.

Practice schedules can change, & any changes will be communicated to parents. We will add practices before a competition when needed.

Remove all piercings before practice, This is non-negotiable as it is a safety issue!

No food or drinks other than bottled drinks are allowed in the gym.

If you have questions, please use the following chain of command:
Team Rep > Gym Director / Front Desk > Head Coach > Owner.



Copyright Notice: You cannot sell or create your own ICE clothing. This includes team names and any other likeness to the logo, affiliation and/or program. Parents/Athletes/Staff wishing to enter a contest, while wearing the ICE uniform, or representing ICE in any media, must first receive permission from the owner.

Parent Policies...

COMMUNICATION

As a parent, you will receive information in several ways such as emails from your coach or other staff. You can also check www.icecheer.com or www.pitt.icecheer.com and the Team App for new updates about each location as well. Please also follow us on all social media outlets to stay up to date on all information.

FEEES

- ★ A schedule of payments is listed in this handbook. All monthly fees are due on the 1st of the month. Auto-pay, tuition will be run on the 1st of the month.
- ★ Please make checks payable to ICE.
- ★ **Any returned checks will be subjected to a \$25 returned check fee.** If a second check is returned, no checks will be accepted for any reason for the remainder of the season.
- ★ **A late fee of \$15 will be assessed for all payments made after the 15th.** All other fees are due on the exact due date. You may pay by cash, check, credit card or money order.
- ★ Monthly Tuition cannot be pro-rated for any reason and is non-refundable.
- ★ By the 15th of each month, your account must be up to date. Otherwise, the athlete will be moved to an alternate position or asked to sit out during practice.
- ★ A current Credit Card must be kept on file so that tuition payments can be processed on the 1st of the month. Written notice must be given if quitting the program. No refunds will be given for any reason.

FUNDRAISING

- ★ ICE Booster Club is run separately from ICE. All fundraising and booster club questions should be directed to the booster club. The Booster Club's purpose is to help those interested in fundraising to help offset yearly cheer expenses. ALL fundraising must be done through our ICE Booster Club. Your fundraising profits will be directly posted to your booster account and you can decide how/when funds are dispersed. This does involve extra work outside of cheer however, we have seen people pay for their whole year through fundraising! Any SURPLUS of credits from FUNDRAISERS will be applied towards ICE All Star Classes, Teams and Merchandise.

PRACTICES

- ★ There is a viewing area designated for all parents/friends. Parents/friends are asked to stay in that designated area and not come into the training area. We want your child to get the most out of every practice. In order for this to happen, we need their full attention. If there are distractions, the whole team is affected and may also become a safety issue. Coaches may close practices at any time for any reason.
If a parent or anyone is observed speaking negatively about a team, coach, parent or cheerleader, he/she will be talked to and/or asked to leave. If this kind of behavior continues to be an issue, the child will have to be removed from the team.

PRACTICES

- ★ We will not tolerate this type of conduct. If a parent verbally assaults or threatens a student, coach or parent, the family will be dismissed from the program.

TRANSPORTATION

- ★ All transportation/accommodations to local competitions are solely the responsibility of each family. We will make every effort to provide information in a timely manner. However, if a competition is canceled or rescheduled, ICE All Stars will not be responsible for reimbursement for any reason.

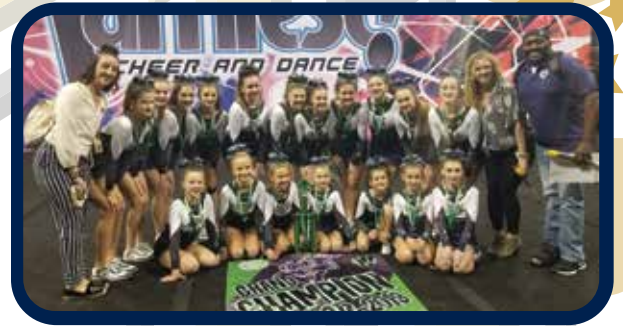
PARENTAL SUPPORT

- ★ Your dedication and support are just as important to us as it is to your child!
- ★ We encourage all parents to sit together and support all ICE teams. Parents are also encouraged to show support by wearing ICE clothing to competitions.
- ★ Showing respect for the coaching staff, other teams and hosting organizations is expected, as you are there representing ICE All Stars and your child.

Team & Athlete Policies

ABSENCES

- ★ Attendance is crucial to team success. An absence must be documented in writing to your child's coach prior to missing. **No practice can be missed two weeks prior to any competition. If you do not comply with this rule, and with the discretion of the coach, your athlete will be at risk of being pulled from the routine for the upcoming competition.**



EXCUSED ABSENCES

- ★ Contagious illness
- ★ School function that affects grade
- ★ Family emergencies
- ★ Vacation during the summer

UNEXCUSED ABSENCES

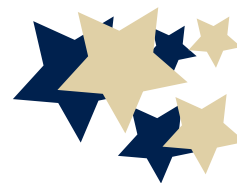
- ★ School dance
- ★ Traffic
- ★ Too much homework
- ★ Feeling tired
- ★ Don't have a ride
- ★ Tardies— DON'T BE LATE, please.

VACATIONS

- ★ Vacations are not permitted during competition season unless the gym is closed and the athlete has already cleared it with their coaches. Please see your coaches with any vacations at any time. Also, any summer vacations must be in writing 2 weeks prior to the missed practice(s). You must fill out a Vacation Request Form 2 weeks prior and turn it in to the front desk.

INJURIES

- ★ If an injury should occur, it is the responsibility of the parent to seek professional help. Each athlete must have his/her own medical insurance. After seeing a physician, please provide ICE All Stars with an evaluation of the athlete's injury/status. A release from a doctor is required before athlete can return to practice if a serious injury should occur.



UNIFORM & ATTIRE

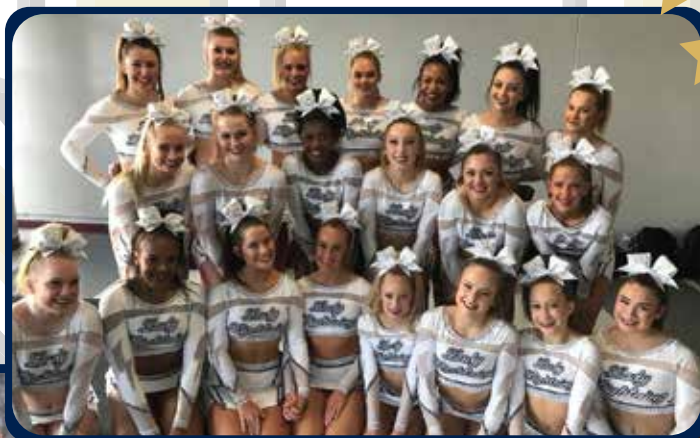
- ★ Please keep all ICE Clothing, warm ups, and Uniforms in good condition. Please report any lost or damaged uniforms items to your coach. The cost of replacement will be the responsibility of the cheerleader. Please wear ASSIGNED gear to practice. (No jeans or jean shorts..) NO jewelry to practice. ICE assumes NO responsibility for lost jewelry or any valuables.

TEAM PLACEMENT

- ★ All athletes are placed on a team at the discretion of the coaches. Age, experience & ability all factor into placement. Please understand that athletes may be repositioned, moved or replaced AT ANY TIME at the discretion of the coaches. Any changes are made to benefit the team as a whole.

DISCIPLINE

- ★ If any of the above rules are compromised, the following actions will occur:
 - ★ 1st Violation: A meeting with the athlete defining the problem.
 - ★ 2nd Violation: A meeting with the athlete & the parent(s).
 - ★ 3rd Violation: The athlete may be removed from the team or the entire program.





Financial Agreement

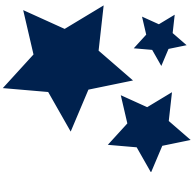
I, _____ parent of, _____
(Print Name of parent/legal guardian) (Print Name of team member)

Please read and initial next to each of the terms followed by your signature and date.

- I understand and agree that monthly tuition payments are due on the 1st of the month.
- I understand that there are no refunds or prorating of any fees for any reason.
- Additional practices may be added prior to large competitions. I understand there is no additional charge for additional practices.
- Practices may be canceled due to holidays, competitions, or inclement weather, and no refunds will be given.
- To receive a payment in full discount of 10% off tuition, payment in full must be received by June 15th, 2019 in the form of cash or check ONLY.
- I understand that I am required to put a Debit/CC on file for tuition charges. If you would prefer to not include that information on this form, you can access your online account and save that information under the manage my payment options section.
- I understand that I am subject to a late fee charge of \$15.00 after the 15th of the designated month. Excessive tardiness in payments will be grounds for my child not competing, possible dismissal and my account being sent to a professional collections agency
- In the event that an athlete must resign from a team, by signing this contract, I am solely responsible for tuition fees and that all fees are non-refundable and non-transferable. I understand billing will not stop until written notice is received and that I am responsible for all fees until notice is given. If notice is not received prior to the 1st of the month, that month's tuition will be due in full prior to leaving the program.
- ICE reserves the right to remove athletes from the program if their financial obligation is not upheld. Athletes with past due balances that exceed 30 days may not participate in private lessons, classes, and/or team practices until the account is brought current. Past due balances that exceed 120 days will be sent to a third party collection agency for which charges will apply, and the parent will be solely responsible for the total amount.
- I understand that all travel fees are non-refundable and do not hold ICE responsible for any changes/additions to travel plans. ICE will provide travel days when releasing the competition schedule to help make travel expectations understood.
- I understand that my uniform WILL NOT be ordered until I pay in full. I also understand that my uniform is custom made and therefore cannot be canceled once ordered through the 3rd party vendor. I understand that if my athlete chooses to quit after my uniform has been ordered, ICE will contact me to pick up the uniform once it is in, but that ICE is not responsible for selling my uniform.

I understand and agree to the above financial policy.

Parent/Guardian Signature: _____ Date: _____





Payment Authorization Form

Parent Information

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Email: _____

I understand that I am liable for and hereby authorize ICE to withdraw funds from my account for the purpose of any outstanding fees related to my account and that all fees are non-refundable. Failure to keep your account in good standing may result in your athlete being unable to practice, dismissal from ICE, and being sent to a collections agency.

ATHLETE NAME _____

VISA DISCOVER MASTERCARD

Account Number

Name On Credit Card

Expiration Date

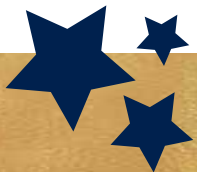
CVC Code

Billing Address, City, State, ZIP

Signature of Cardholder _____

Print Name of Parent/ Legal Guardian

Signature of Parent/ Legal Guardian





Appearance Agreement

I hereby authorize ICE to publish photographs taken of my minor child or children listed below for use in ICE's print, online, and video-based marketing materials, as well as other ICE publications. I hereby release and hold harmless ICE from any reasonable expectation of privacy or confidentiality for myself or the minor child/children listed below associated with the images specified above.

Further, I attest that I am a parent or legal guardian of the child or children listed below and that I have full authority to consent and authorize ICE to use their likeness, I further acknowledge that participation is voluntary and that neither I, the minor child, or minor children will receive financial compensation of any type associated with the taking or publication of these photographs or of said photos confers no rights of ownership or royalties, whatsoever.

I hereby release ICE, its contractors, its employees and any third parties involved in the creation or publication of ICE's publications, from liability for any claims by me or any third party in connection with my participation or the participation of the minor children listed below.

Parent Signature: _____

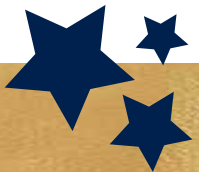
Parent Name (Printed): _____ Date: _____

POLICIES & EXPECTATIONS COMMITMENT

I have read and fully understand all codes, rules, and expectations in this try out packet. I understand that I am entering into this All-star program of my own free will. I understand what is expected of me as a parent and an All-star cheerleader. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as an ICE parent and cheerleader.

Parent Signature: _____ Date: _____

Cheerleader Signature: _____ Date: _____





Try Out Form

(PLEASE ATTACH CURRENT PHOTO TO THIS FORM)

Name: _____

Date of Birth: _____

Email Address: _____

Phone Number: _____

Age as of August 31st, 2019 _____

'19-'20 Grade: _____

School: _____

Have you cheered before? Yes No If so, where? _____

If you have cheered before what level team were you on? _____

Which team are you interested in joining?

FULL SEASON

PREP SEASON

PRE-TEAM

TINY

1/2 SEASON

Which stunt position were you last season? (CIRCLE ALL THAT APPLY)

NONE

FLYER

MAIN BASE

SIDE BASE

BACKSPOT

What are your strengths? _____

What would be your best contribution as a team member? _____

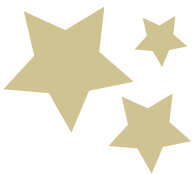
What extra-curricular activities will be a higher priority to you than your all star team?
(For what would you potentially request an excused absence?) _____

Would you be willing to cross compete onto two teams for the 2019-2020 season?
(Cross over competition fees are approximately \$600 per season.)

Yes No

Would you be willing to attend The Summit or Worlds if your child's team receives a bid
for the 2019-2020 season? (Extra fees will apply to cover the costs for these competitions.)

Yes No





ICE All-Stars Member Form & Waiver

PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of ICE, its owners, agents, officers, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "ICE") I, hereby agree to release, discharge, and hold harmless, on behalf of myself, my children, my parents, my heirs, assigns personal representative and estate as follows:

1. I understand and acknowledge that the activities that I or my child engage in while on the premises or under the auspices of ICE pose known and unknown risks which could result in injury, paralysis, death, emotional distress, or damage to me, my child, my property, or to third parties. The following describes some but, not all, of those risks: Cheerleading and gymnastics, including performances of stunts and use of trampolines, entail certain risks that simply cannot be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, cheerleading students would not improve their skills and the enjoyment of the sport would be diminished. Cheerleading and gymnastics expose participants to the usual risk of cuts and bruises and other more serious risks as well. Participants often fall, sprain or break wrists or ankles, and can suffer more serious injuries. Traveling to and from shows, meets, and exhibitions, raises the possibilities of any manner or transportation accidents. In any event, if you or your child is injured, medical assistance may be required which you must pay for yourself.

2. I expressly agree and promise to accept and assume all of the risks, known and unknown, connected with ICE-related activities, including but not limited to performance of stunts and use of trampolines. My participation and that of my child is purely voluntary. No one has forced or coerced me or my child to participate. I elect for myself and my children to participate in such activities in spite of the risks.

3. I hereby voluntarily release, forever discharge, and agree to hold harmless and indemnify ICE from any and all liability, claims, demands, actions or rights of action, which are related to, arise out of, or are in any way connected with my child's participation in ICE-related activities.

4. Should ICE be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and reimburse them for such fees and costs.

5. I certify that my child has health, accident and liability insurance to cover bodily injury or property damage that may be caused or suffered while participating in this event or activity, or else I agree to bear the cost of such injury or damage to my child. I further certify that I am willing to assume and bear the cost of all risks that may arise or be created, directly or indirectly, through or by any such condition.

6. In the event that I file lawsuit against ICE, I agree to do so solely in the State of Pennsylvania and I further agree that the substantive and procedural laws in that state shall apply in any such action without regard to the conflict of laws rules thereof. I agree that if any portion of this agreement is found void or unenforceable, the remaining portions shall remain in full force and effect.

7. By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation or the participation of any of my children in this activity, I may be found by court of law to have waived my right to maintain a lawsuit against ICE on the basis of any claim from which I have released ICE by signing this Agreement.

I have had sufficient opportunity to read this entire document. I have read it and understand it. I agree to be bound by its terms.

Signature of Participant or Parent: _____

Print Name: _____ Date: _____

(Must be completed for participants under the age of 18)

In consideration of _____ (print minor's name)("Minor")

being permitted by ICE to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold ICE from any and all claims which are brought by, or on behalf of Minor and which are in any way connected with such use or participation by Minor.

Parent/Guardian: _____

Print Name: _____ Date: _____

